

# Pacific Northwest Obstetrical and Gynecological Association

## 69<sup>th</sup> Annual Meeting

*JULY 30 – AUGUST 2, 2017*

*Semiahmoo Resort – Blaine, Washington*



*President*

*Jeffrey Bray, MD*

Dear Colleagues:

I would like to invite you to the **Annual PNOGA Summer Meeting** in beautiful **Blaine, WA, JULY 30 – AUGUST 2, 2017**. Not only do we have outstanding speakers at the cutting edge of their field, this is also **the most family friendly conference you will ever attend!** We have planned three engaging, half-day morning symposiums. Topics include Family Planning, Chronic Pelvic Pain, Surgery For Early-Stage Cervical Cancer, Hypertension In Pregnancy, Gynecologic Cancer Therapy, Infertility Update, Pregnancy And Short Cervix, Robotic Surgery in Gynecologic Oncology, and Prenatal Diagnosis And Carrier Testing. **Our speakers include Drs. Nicholas Andrews, Eve Espey, Joshua Press, and Sarah Waller.**

Registration fee (meeting attendees & guests) covers Sunday Welcome Reception, Monday Family BBQ Dinner/Games, Tuesday Presidents' Dinner/Dance, as well as breakfast on Monday, Tuesday & Wednesday, and Wednesday Lecture & Lunch, plus CME for meeting attendees. We'll have child care, meals and entertainment for your teens and children during Sunday Reception and Tuesday President's Dinner, so that you have a chance to socialize with your colleagues. In addition, we've organized optional activities in the afternoons - Golf Tournament, Tennis Round Robin, and Whale Watching (additional cost). Don't forget--- Tuesday Night President's Dinner/Dance is *Black Tie Optional*.

The Semiahmoo Resort & Spa is the meeting host hotel, located on the breath-taking Semiahmoo Peninsula - ideal for outdoor adventures. Located in Blaine, WA (6 miles from Canadian border and 90 minutes north of Seattle), Semiahmoo offers luxurious guest rooms, a spa and health club, as well as outdoor swimming pool, two award-winning golf courses, and two on-site dining locations. Semiahmoo Resort and the surrounding Birch Bay area offer numerous activities such as hiking, kayaking, golf, and swimming.

The Annual Meeting promises to deliver great content on current Ob/Gyn topics and many opportunities to mingle with guest speakers and colleagues alike, along with an abundance of outdoor fun, family time, and great food. I hope to see you all at Semiahmoo Resort! Visit the PNOGA website to register today.

*Jeffrey Bray, MD*

President, Pacific Northwest Obstetrical and Gynecological Association

#### **SEMIAHMOO RESORT – BLAINE, WA**

**SEMIAHMOO RESORT:** Visit this link for more information about Semiahmoo Resort.

<http://www.semiahmoo.com/about-1/videos-webcam.htm>

#### **LODGING RESERVATIONS:**

<https://gc.synxis.com/rez.aspx?Hotel=60146&Chain=5334&arrive=7/30/2017&depart=8/1/2017&adult=1&child=0&group=PNWOBGYNS> Use the above link to reserve rooms online. **CODE: PNWOBGYNS.** Choose make a reservation. Click on check availability. Enter code in far left box under **Group Code** along with the dates of stay. Click continue. Or call **855.917.3767** and book under the **Pacific NW Ob/Gyn Association** with the same code of **PNWOBGYNS**. Rates from \$189 to \$229, good 3 days prior/3 days post. No Resort Fee, Complimentary Wi-Fi, Complimentary Parking. **Lodging Cutoff date is June 10, 2017.**

Semiahmoo Resort is located at 9565 Semiahmoo Parkway, Blaine, WA 98230

#### **OPTIONAL ACTIVITIES**

Enjoy our **PNOGA Annual Golf Tournament at Semiahmoo Golf Club**. Monday afternoon is our annual golf tournament. A fun and challenging course for all levels, ranked in the top 10 courses in Washington. Cost includes green fee, cart, range balls for warmup, lunch and prizes - \$150.00 per person.

Monday afternoon will also include the classic **Round Robin Tennis Tournament**, for \$20.00 per person.

**Boating, Lunch, Whale Watching, Over-The-Top Scenery!!** All on Tuesday afternoon—Sign Up Early! We'll be aboard the Blackfish IV motor vessel, provided via Outer Island Excursions – the San Juan Island specialists. Space is limited – sign up early. Cost varies based on age. The kids will love this outing! Board the boat at Semiahmoo Marina, enjoy a box-lunch and late afternoon snacks, all while watching for whales. The boat may stop for an adventure on an island. **NOTE:** Register before July 10<sup>th</sup>. We must fill our private charter boat. If we fill to capacity we'll maintain a wait list and check availability of 2<sup>nd</sup> boat.

## **PROGRAM**

### **MONDAY, JULY 31, 2017 SCIENTIFIC SESSION**

- 7:00am BREAKFAST / EXHIBITS  
8:00am OPENING REMARKS – President, PNOGA  
8:15am Contraceptive Update: Focus On LARC – Eve Espey, MD, MPH  
9:15am Management Of Shortened Cervix: Progesterone, Cerclage, And Pessary – Sarah Waller, MD  
10:15am BREAK / EXHIBITS  
10:45am Ultra-Conservative and Fertility-Sparing Surgery For Early-Stage Cervical Cancer: Can Less Be More? – Joshua Press, MD  
11:45am Panel Discussion (Espey, Press, Waller)  
12:30pm Adjourn

### **TUESDAY, AUGUST 1, 2017 SCIENTIFIC SESSION**

- 7:00am BREAKFAST / EXHIBITS  
8:00am OPENING REMARKS – President, PNOGA  
8:15am Aspirin, Pregnancy, And Pre-eclampsia – Sarah Waller, MD  
9:15am New Frontiers In Gynecologic Cancer Therapy – Angiogenesis Inhibitors, PARP, Inhibitors And Immunotherapy – Joshua Press, MD  
10:15am BREAK / EXHIBITS  
10:45am Management Of Infertility For The General Ob/Gyn – Nicholas Andrews, MD  
11:45am Panel Discussion (Andrews, Press, Waller)  
12:30pm Adjourn

### **WEDNESDAY, AUGUST 2, 2017 SCIENTIFIC SESSION**

- 7:00am BREAKFAST  
8:00am OPENING REMARKS – President, PNOGA  
8:15am Making Chronic Pelvic Pain A Little Less Painful – Nicholas Andrews, MD  
9:15am Robotic Surgery In Gynecologic Oncology: Sentinel Nodes, Radical Ovarian Debulking And Other Stories - Joshua Press, MD  
10:15am BREAK  
10:30am Update On Prenatal Genetic Testing – Sarah Waller, MD  
11:30am Panel Discussion – (Press, Waller)  
12:15pm Adjourn

### **AT THE CONCLUSION OF THIS MEETING, PARTICIPANTS WILL BE ABLE TO:**

- Understand advantages of Long Acting Reversible Contraceptives (LARCs) - IUDs and Implants.
- Consider a reproductive justice framework for counseling.
- Understand epidemiology and pathophysiology of shortened cervix and identify and risk stratify patients.
- Understand management and treatment of short cervix.
- Understand rationale for conservative approaches to treating early cervical cancer.
- Learn surgical techniques for cervical cancer treatment that can preserve fertility.
- Understand pathophysiology of pre-eclampsia and IUGR and learn mechanism of action of aspirin.
- Learn to identify patients who will benefit from use in pregnancy.
- Understand the role of angiogenesis inhibitors and PARP-inhibitors for treatment of gynecologic cancers.
- Understand the role of immunotherapy for treatment of gynecologic cancers.
- Be able to describe framework for initial evaluation of the infertile couple.
- Learn the risks, benefits, and mechanism of action of oral agents for ovulation induction.
- Define chronic pelvic pain/understand most common gynecologic and non-gynecologic etiologies of chronic pelvic pain.
- Describe appropriate management strategies for each etiology of chronic pelvic pain.
- Learn the role of sentinel lymph node dissection for vulvar cancer, and endometrial and cervical cancer.
- Learn the potential utility of robotic technology for treatment of ovarian cancer.
- Understand current recommendations for prenatal genetic testing and appropriate workflows and algorithms for patients.
- Learn when to refer for genetic counseling.

## **MEET OUR SPEAKERS**



### **Nicolas Andrews, MD, FACOG**

Assistant Professor, Department of Obstetrics and Gynecology  
University of New Mexico - Albuquerque, NM



### **Eve Espey, MD, MPH**

Professor and Chair, Department of Obstetrics and Gynecology  
and Division of Family Planning  
University of New Mexico - Albuquerque, NM



### **Joshua Press, MD, MS, FRCSC**

Gynecologic Oncologist  
Pacific Gynecology Specialists / Swedish Medical Center  
Clinical Instructor, Gynecologic Oncology  
University of Washington – Seattle, WA



### **Sarah Waller, MD, FACOG**

Maternal Fetal Medicine  
Swedish Hospital / Swedish Maternal Fetal Specialty Center  
Seattle, WA

## **TARGET AUDIENCE**

All healthcare providers for women's health are invited - this conference is an outstanding educational opportunity for practicing obstetricians and gynecologists.

As well, we invite GP's, Nurses, Nurse Practitioners, Midwives, and residents and fellows in training.

Retired and Life Members of PNOGA are encouraged to attend!

## **QUESTIONS / GENERAL INFORMATION**

Mary Olhausen, Executive Director, PNOGA.  
CELL: 503-880-7383 OFFICE: 360-892-1814.

**PACIFIC NORTHWEST OBSTETRICAL AND GYNECOLOGICAL ASSOCIATION**

**69<sup>th</sup> ANNUAL MEETING ♦ July 30 – August 2, 2017**

**Semiahmoo Resort – Blaine, WA**

**REGISTRATION FORM (one form per meeting attendee)**

<b>MEETING ATTENDEE NAME:</b> _____ <i>(first) (last)</i> <b>CREDENTIALS (MD, DO, NP, etc.):</b> _____	<b>ADDITIONAL ADULT NAME:</b> _____ <i>(first) (last)</i>		
<b>STREET ADDRESS:</b> _____	_____ <i>city</i>	_____ <i>state/province</i>	_____ <i>zip</i>
<b>PHONE NUMBER:</b> _____	<b>EMAIL (required):</b> _____		

**Registration Fee Meeting Attendee:** Includes 3-Half Day Meetings and 7 Meals (Except Lunch on Monday and Tuesday).

**Registration Fee Spouse, Partners, Guests, and Children:** Includes 7 Meals (Except Lunch on Monday and Tuesday).

**Optional Events = Additional Cost. Childcare & Activities (Sun & Tues Nights) Included in Registration Fees.**

US AND CANADIAN CURRENCY	TOTAL #	AMOUNT	TOTAL AMOUNT
Physician		\$ 900.00	\$
Healthcare Professional (Nurses/Nurse Practitioner/PA/Midwife)		\$ 550.00	\$
Resident/Fellow In Training		\$ 550.00	\$
Retired/Life		\$ 400.00	\$
Guest (non-physician/provider)		\$ 375.00	\$
TEEN (12-17 years)		\$ 175.00	\$
CHILD-Medium (5-11 years)		\$ 100.00	\$
CHILD-Young (0-4 years)		\$ -0-	\$
GOLF TOURNAMENT (Monday Afternoon)		\$ 150.00	\$
TENNIS ROUND ROBIN (Monday Afternoon)		\$ 20.00	\$
WHALE WATCHING-See Cost Below (Tuesday Afternoon)		\$ See Below	\$
<b>PNOGA MEETING FUND DONATE (Optional Write In Amt)</b>	*****	\$	\$
<b>TOTAL AMOUNT SUBMITTED</b>			<b>\$</b>

TEENS & CHILDREN-NAMES (First & Last)	AGE	CHILD CARE / TEEN ACTIVITIES
1. <input type="checkbox"/> Whale Watch		<input type="checkbox"/> Childcare Sun & Tues / <input type="checkbox"/> Teen Activities
2. <input type="checkbox"/> Whale Watch		<input type="checkbox"/> Childcare Sun & Tues / <input type="checkbox"/> Teen Activities
3. <input type="checkbox"/> Whale Watch		<input type="checkbox"/> Childcare Sun & Tues / <input type="checkbox"/> Teen Activities
4. <input type="checkbox"/> Whale Watch		<input type="checkbox"/> Childcare Sun & Tues / <input type="checkbox"/> Teen Activities
5. <input type="checkbox"/> Whale Watch		<input type="checkbox"/> Childcare Sun & Tues / <input type="checkbox"/> Teen Activities

**DIETARY/DISABILITY RESTRICTIONS:**

**Please Register Early!!** Registrants will receive Email Confirmation of Registration when forms/payments processed.

**Cancellation Policy:** Written cancellation must be received by July 15, 2017. \$50.00 Admin Fee assessed.

**SUBMIT REGISTRATION FORM & PAYMENT (checks payable to Pacific NW Ob/Gyn Assoc):**

**MAIL:** Pacific NW Ob/Gyn Association 3021 NE 72<sup>nd</sup> Drive, Suite 9, PMB 71, Vancouver, WA 98661.

**ONLINE:** Access PNOGA website at [www.pnoga.org](http://www.pnoga.org) and pay using PayPal.

Enter total dollar amount for all registrants.

If Paying Online: FAX, SCAN/MAIL Registration Form. FAX: 360-326-1844. Email: [omary52@comcast.net](mailto:omary52@comcast.net)

**GOLF:** Semiahmoo Golf & Country Club. Green fees, cart, and use of practice center.

**WHALE WATCH:** Private Charter. Cost includes lunch, boat, afternoon snacks, water, soda.

Adult (18+ Years): \$136.00      Teen (12-17 Years): \$112.00  
 Child Medium (5-11 Years): \$98.00      Child-Young (0-4 Years): \$20.00

*Please indicate names and ages for Whale Watching above.*